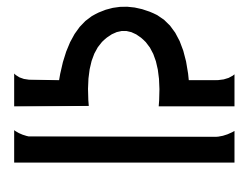


Horoscopes

By Jessie White
News & Opinion Editor



“The Scales “



Libra-Sept. 23- Oct. 22: Stand up and be heard around the 4th, you may be surprised by the response you get and the effect it has on your life. The 14th will be a productive problem solving time. Do not focus on details on the 22nd. Be open-minded.

Scorpio-Oct. 23-Nov. 21: Things really are going your way at the beginning of the month, do not look for alternative motives where there are none to be found. The 7th will be a good time to consider taking your career to the next level. Watch yourself around the end of the month; sometimes things are not what they appear.

Sagittarius-Nov. 22- Dec. 21: You are going to want to focus on introspection at the beginning of this month. Around the 4th will be a good time to bust out of that tough and rely on some friends. Take time on the 14th to exercise or just do something outside. Wait until the 30th to make important decisions.

Capricorn-Dec. 22-Jan. 19: Feel like you are living your life from that dreaded 3rd person standpoint? This could be because you are trying to lie to yourself, around the 6th you need to really think about your situation and make sure you are where you want to be. Around the 20th let those in a bad mood simmer for a while, for once there may be nothing for you to do.

Aquarius-Jan. 20-Feb. 18: At the beginning of the month you should not let your elders at work or at home baby you. You will feel particularly inspiring around the 8th, put yourself in a crowd of people who will appreciate you! The 18th will be a good time for you to deal with old emotions.

Pisces-Feb. 19-March 20: During the beginning of the month you need to make sure not to be caught unprepared. Do not hesitate to help a friend in need around the 9th. Around the 20th you would be surprised to see how your metal condition can reflect your physique. By the way, towards the end of the month mind your own business and stay out of it.

Aries-March 21-April 19: If you have a headache it could be because you are focusing on a task entirely too much! Step away from the structure and create something. Who cares if it doesn't make sense to the rest of the world right now? Their time will come.

Taurus-April 20-May 20: Now is the perfect time for you to make use of your unique ability to turn any situation around for your own benefit. No matter what negative emotions you feel convert them into productive energy. Around the 18th it will be very important for you to think before acting.

Gemini-May 21-June 21: Whether you are a numbers person or not it is important this month that you check and recheck any figures that come

Depression can be funny too

By Danielle McCoy
Student Writer

The pressures to do well in school and excel in athletics or put more time into studying and community activities can be intense. Ned Vizzini's novel "It's Kind of a Funny Story" explores the journey of a depressed teen that checks himself into a hospital after contemplating suicide.



"I'm depressed," is an expression many say casually when referring to sadness that goes away after a while. Depression is a mental health issue that may require help from experienced professionals. Teen depression is very real. About five percent of adolescents suffer from depression.

"Its Kind of a Funny Story" is a good read that I think will be important to both teens and adults; it has humor, love, and struggle. Three important things that make a good book.

Craig, the narrator, is an ambitious New York teen that is determined to succeed in life. He studies hard and neglects his friends all to get into an elite high school. Once he realizes that even after all his hard work to get accepted, maintaining his grades will be an even harder struggle, Craig falls into a deep



your way. If you are avoiding a situation for whatever reason, the 4th will be a good time to confront it full on.

Cancer-June 22-July 22: If you are feeling uneasy about a certain issue, the beginning of this month is not a good time to make an official decision. It would be a good idea to wait till the 6th and 7th. Toward the middle of the month you will be in need of a huge change, why not redecorate?

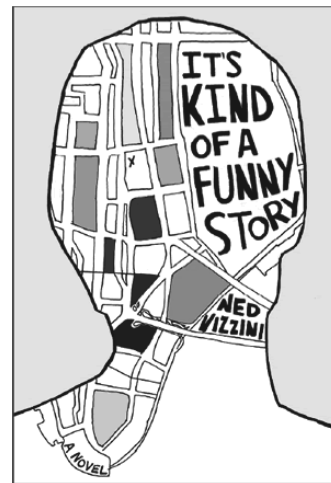
Leo-July 23-Aug. 22: The best thing you could do for yourself right now is to get away, and do some major introspection. There are some major decisions coming your way and you need to understand where you stand

depression, stops eating and sleeping and almost commits suicide.

Craig's suicidal episode lands him in a mental hospital full of interesting characters. Some of which include a transsexual sex addict, a self-elected President Armelio, his roommate Muqtada who can't get out of bed, and many more.

Ned Vizzini, who also spent time in a psychiatric hospital, began writing for the New York Press at the age of fifteen. At nineteen he published his first book, "Teen Angst? Naah..." and has also written "Be More Chill", which was the first young adult novel chosen as a Today Show Book Club pick.

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on the issues. Grab some friends around the 17th and just listen, let them talk, you will be fascinated by what they have to say. Remember not everyone sees everything the way you do, and that is OK.

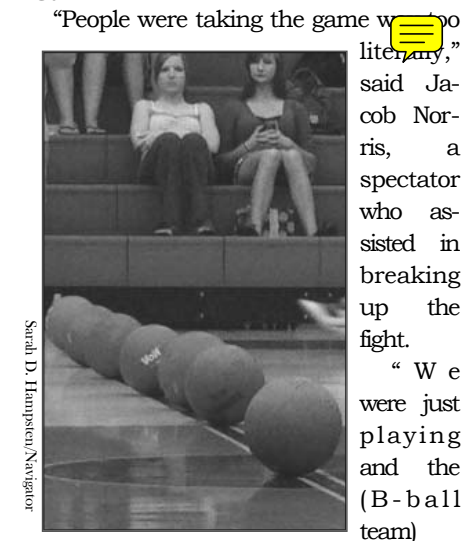
Virgo- Aug. 23-Sept. 22: There are decisions to be made. Give yourself some time at the beginning of the month, weigh all options. Following your instincts this month will prove to be rewarding, especially around the 6th and 7th. You may feel like second best around the 26th but do not be a drama queen/king.

- for entertainment only

Dodge ball tournament leads to violence

By Scott May
Mana Editor

The final round of SAB's dodge ball tournament led to violence Sept. 24 in Lake Land College's Field House. The final match between dodge ball team B-Ball and team Landon's Treasures became more and more ugly as the match went on.



Scott D. Thompson/Navigator

kept talking shit through the whole game," said Grant Fifer of team Landon's Treasures.

Fifer said that he threw a ball at a crowd member who was being abusive to commentator and SAB member, Nic Richards, during the match. While the match was still going on, the fan retaliated by throwing a ball back at Fifer.

After SAB announced the winner of the chaotic match as team Landon's Treasures, Fifer said he was hit in the back of the head with a ball.

Fifer could not name the opposing team member that threw the ball but said that he pushed that person back. "I only got hit once after that and it wasn't that good of a hit," said Fifer, "It was all good except for that."

Directly after the incident following the clustered final match, members of team B-ball expressed their disapproval of the whole event. "(SAB) kicked two of us out," said Will McClure, member of team B-Ball "They said we cheated on something we felt like we didn't cheat on.

"It got out of hand through the whole thing," said Nic Richards, member of SAB and commentator of the dodge ball tournament, "We didn't have very many issues with the other teams except for B-ball," said Richards, "I guess they thought that I was being prejudice."

"I informed both teams that there would be no kicking of balls and no hostile comments; if I said they were disqualified, they had to leave the court or they were disqualified," said Richards.

Richards said that many team members did not follow the rules of the game. When he told them they were disqualified, "That's when the shit hit the fan," said Richards.

Soon after the incident public safety was called. Randy Ervin, chief of public

safety, talked to both dodge ball teams and students involved in the fight.

"No one wanted to press charges," said Ervin. Ervin said that the teams have been warned and that there will be zero tolerance with any escalation in this matter.

Members from both dodge ball teams ate lunch at nearby tables without any further disruptions less than an hour after the incident.



Dave Baughner/Navigator

Students watch the dodge ball tournament

Downtown Champaign soon to see some color

B. Lime set to open and provide consumers with "green products"

By Jessie White
News & Opinion Editor

With talk of going green buzzing over the airwaves on just about every type of media a Champaign couple saw an opportunity to really make a difference. Bart and Wendi Lindsay live and work in the Champaign area and have been advocates for eco friendly, healthy living since a very young age.

Now with the wellness of the environment in the public spot light, more than ever, they decided it was time to seize the opportunity to make their personal practices a reality for everyone searching for "green" substitutes.

"I have always felt like a leader in the wellness field, so opening a store

seemed to be a great way to get the message out that there are tons of alternatives," said Wendi Lindsay.

"I feel the opening of B.Lime will help the college community become aware of the environmental and affordable alternatives to everyday life."
- Nic Richards

The idea for a store began when Wendi was working as a personal organizing consultant, helping people set up their homes, working towards a goal of having an eco healthy environment. While doing this work,

Wendi "recalls being saddened that most people live in homes that are full of toxic materials, from the cleaning products they use, to the formaldehyde off-gases from the furniture and lead found in toys."

Wendi researched some companies and producers. They were pleased to see that there are some companies out there who "are passionate about being green and it permeates into every aspect of the way they do business."

Thus, B.Lime was born. The Lindsay's are preparing to send in their first inventory order.

Their products will cater to a large variety of consumers. They plan to carry products such as sustainable furniture, non-toxic pet toys, solar

ipod chargers, vegan cosmetics, organic cotton linens, reusable diapers and other baby items.

With hopes of opening the first week of November B.Lime will be located at 12 E Washington in the Hickory Building, in downtown Champaign. Being near KoFusion, Bentley's, Evolve Fitness, Soma Lounge, Escobar's, and the site of the new M2 condo high-rise will hopefully bring in some shoppers.

Lake Land College freshman, Nick Richard said, "The average college student does not give much consideration to the going green initiative, however I feel the opening of B.Lime will help the college community become aware of the environmental and affordable alternatives to everyday life."