

Dear Drew...

By Drew Baugher
Photo Editor

As a new addition to the newspaper this year, the staff at the Navigator is creating an advice column for all of those students, faculty, and staff that are having any kind of difficulty. 'Dear Drew' will be a recurring column aimed at resolving the issues of students, faculty, and staff at the college.

Please feel free to write in to 'Dear Drew' about issues getting back into the swing of things at school, relationship problems, conflicts with parents or teachers or any other dilemmas that come your way. My job will be to examine your problem, research the possible courses of action you can take, and come to the best solution that I can for your problem.

As summer comes to a close and school starts up again, many people have issues getting back into the grind of classes and homework. The transition back to school isn't always the easiest.

Whether you are returning to Lake Land for another semester or starting out as a new student here at the college, a few tips on getting started again could prove helpful. Here are a few simple yet effective tips to getting back into the swing of things this fall.

Get organized. This simple task can make your life extraordinarily easier. Having a certain folder for each class instead of shoving random papers into your books is an easy way to reduce time searching for that missing assignment. Also, pick up a free student handbook at the student life office. Not only can you write down your class schedule and assignments in it, it also includes activities happening on campus so you can become involved.

Introduce yourself. Not only to other students in your classes, but also the instructor. By having someone to talk to in all of your classes and forming a relationship with your instructors you create reasons to look forward to going to class and it generally makes the time go by faster.

Get some sleep. If you spent all summer staying up until 3 o'clock in the morning and sleeping until 3 o'clock in the afternoon you might have to change your routine. Study after study has been done to show us that we need sleep! So instead of going to your buddies' house to play Guitar Hero at midnight, hit the sack and the next day you'll thank yourself.

Contact Drew at drewbaugher@hotmail.com

Leave a letter for Drew to answer at any of the Navigator's websites or in the Student Life Office.

What makes the 21st Century Fashion Sophisticated?

By Mutinta Suuya
Student writer

Clothing fashion is more like a cycle. It is constantly changing. What may in style this year may not be in style next year. However, it could be back in style 5 years later.

In 1900, big hats were a popular accessory amongst women. Long elegant bulky ball gowns which defined the waist became increasingly popular. Corsets were being worn heavily at this time.

By the time we went to World War 1, women began to wear less bulky dresses. Their hair began to get shorter during this era. High waisted dresses were dominating the fashion industry. Platform shoes were a must have accessory at this time.

By the time we were done fighting both wars, outfits that gave an hourglass look become more emphasized. This was the famous Haute Couture high era of fashion.

At least almost every woman's wardrobe began to own a pencil skirt in the 1950's. Pencil skirts were favorable because they were knee length, and conservative..

Mini Skirts began to rise to fame by the 1960's. Women were cutting their hair even shorter. This the era in which one of the most famous first lady Jacqueline Kennedy had a major influence on what women wore.

Hair began get longer again in the 1970's. The most memorable fashion statement of the 1970's may be the Bell Bottom pants. They were all over the fashion world. These pants were so popular that even men were

wearing them too. They were worn in so many different colors prints and designs. Platform shoes found their way back into the 1970. They made women appear so many inches taller and at the same time bringing out the beauty of their outfits. Men wore them too. This seemed like an era when both men and women seemed to have the same outfits but lightly different cuts.

Madonna had one of the biggest impacts in fashion styles in the 1980's. She set the trend from how people would style to their hair to the way the multi colored leg warmers they wore.

The early 1990s skinny jeans began to replace the bell bottoms drastically. They really did not last long because hipsters similar to bell bottoms made their way back to fashion world.

High waisted dresses from the early 1900's have made their way back. Today they are still being worn in different colors prints and designs. Skinny jeans and flared jeans are both being worn at this time. It just depends on one's personal taste. Platform shoes, stilettos, sneakers are all being worn today. Due to this long evolution women now have a wider choice of fashion they can choose from. It really depends on what makes them comfortable, and looks good. Today, almost every fashion era seems to have had made its way back to the 21st century. Therefore, making the 21st century an improved, sophisticated fashion era which gives one a wider variety to choose from.

Contact Mutinta at musui@gmail.com

	1	2	3 Welcome Day Music by - Ease Down Free Food Giveaways Fieldhouse 10-1	4 <i>Mac's Uptowner - Zmick & Jager</i> <i>Joe Sippers - Scott Horn</i> <i>Jackson Ave. Coffee open mic night 7pm</i>	5 <i>Mac's Uptowner - Mathien</i> <i>Our Daily Bread - Brad Brown & Friends</i>	6 <i>Mac's Uptowner - Woodbox Gang</i> <i>Je Leniz Martini Bar - Night Moves</i> <i>Joe Sippers - Jedediah Adam</i>
7 <i>Mac's Uptowner - Mark Tyler</i>	8	9	10 SAB & SGA & Intramurals Disc Golf Opening & Tournament Volleyball home 6:30 vs John A Logan	11 <i>Jackson Ave. Coffee open mic night 7pm</i>	12 <i>Mac's Uptowner - Sippy & The Night Owls</i> <i>Je Leniz Martini Bar - Reverd. Robert</i> <i>Our Daily Bread - Brad Brown & Friends</i>	13 <i>Mac's Uptowner - The Fuz</i>
14 <i>Mac's Uptowner - Dave Campbell</i>	15 Hispanic Heritage Month Begins Book kickoff free book by Julia Alvarez Webb Hall 081	16 <i>Kluthe Campus Make Your Own Taco Lunch Music by Scott May</i> SGA Elections begin 8am on IRIS	17 On Campus SAB Latin Dance Lessons Laker Point 11am SGA Meeting 11am Student Life	18 Mid Term - Mod 1 <i>Mac's Uptowner - Zmick</i> <i>Jackson Ave. Coffee open mic night 7pm</i>	19 <i>Kluthe Campus Fall Fest 4-7pm</i> <i>Mac's Uptowner - Herbert Weiser Band & Jaik Willis</i> <i>Our Daily Bread - Brad Brown & Friends</i>	20 Special Olympics Relay for Life Peterson Park <i>Mac's Uptowner - Jobu</i> <i>Je Leniz Martini Bar - Triple Play</i> <i>Joe Sippers - Geoff Koch</i>
21 Baseball home 12pm vs Kankakee <i>Mac's Uptowner - Caleb Cook</i>	22	23 Volleyball home 6:30 vs Jefferson College	24 SAB & Intramurals Annual Dodgeball Tournament 11am Fieldhouse LLC's Got Talent Auditions 2pm Theater SGA Meeting 11am Student Life	25 Hispanic Heritage Month Book Discussion on Julia Alvarez book 6:30pm <i>Mac's Uptowner - Reverd. Robert & Jager Party</i> <i>Jackson Ave. Coffee open mic night 7pm</i>	26 <i>Mac's Uptowner - Deak Harp Blues Band</i> <i>Our Daily Bread - Brad Brown & Friends</i> <i>Jackson Ave. Coffee Night of Hope</i>	27 <i>Joe Sippers - Jenny Keefe</i>
28 <i>Mac's Uptowner - Deak Harp Blues Band</i>	29	30 Hispanic Heritage Month Book Discussion on Julia Alvarez book 12pm Student Life Office LLC's Got Talent Auditions 2pm				