

## Fundamentals of Instructor Training Study Guide

The student should be able to:

1. Identify and describe the lines of service in the American Red Cross.
2. Name the founder of the American Red Cross.
3. Describe the qualities and characteristics of heroes and relate them to concepts of volunteerism and community involvement.
4. List and describe the seven guiding principles of the American Red Cross.
5. Describe the process of learning.
6. List and give examples of the three types of learning.
7. Name and explain what the four concepts of learning that comprise the mnemonic **MARS** are.
8. Identify different motivations for learning that participants may have.
9. Describe the diverse characteristics of learners.
10. List and describe the characteristics of an effective instructor.
11. Provide examples of nonverbal communication.
12. Give examples of how nonverbal communication can enhance or detract the instructor's overall communication.
13. List and explain the four types of Red Cross instructional strategies.
14. Differentiate between the advantages and disadvantages of each of the four types of instructional strategies.
15. Define and provide specific examples of the "push," "pull," and "balance" concepts used by instructors in facilitating discussions or facilitating a task group.
16. List the elements that should be included in all skill practice sessions.
17. Provide examples of effective classroom management.
18. Explain the Mnemonic **BASIC** and give specific examples of each strategy.
19. Define feedback and be able to explain positive and corrective styles of feedback.
20. Describe the different methods utilized for evaluating participants.
21. Explain what "teach to the standard and test to the objective" means in terms of evaluating skills.
22. Identify ways the American Red Cross ensures quality and consistency in course delivery.
23. List the fundamental standards of ethical behavior expected of Red Cross instructors.
24. List and explain the Five Key Commitments.